Volume 72, Number 1 Pages 1-100

JAMA Psychiatry

Research

Original Investigation

- 5 Antipsychotic Treatment and Functional Connectivity of the Striatum in First-Episode Schizophrenia DK Sarpal and Coauthors
- 14 Initial Severity of Schizophrenia and Efficacy of Antipsychotics: Participant-Level Meta-analysis of 6 Placebo-Controlled Studies TA Furukawa and Coauthors
- 22 Problem Adaptation Therapy for Older Adults With Major Depression and Cognitive Impairment: A Randomized Clinical Trial DN Kiosses and Coauthors
- 31 Depression Outcomes Associated With an Intervention Implemented in Employment Training Programs for Low-Income Adolescents and Young Adults SD Tandon and Coauthors
- 40 Anterior Insula Volume and Guilt: Neurobehavioral Markers of Recurrence After Early Childhood Major Depressive Disorder AC Belden and Coauthors
- 49 Predicting Suicides After Psychiatric Hospitalization in US Army Soldiers: The Army Study to Assess Risk and Resilience in Servicemembers (Army STARRS) RC Kessler and Coauthors
- 58 Telemedicine-Based Collaborative Care for Posttraumatic Stress Disorder: A Randomized Clinical Trial JC Fortney and Coauthors

- 68 Predicting Treatment Response to Cognitive Behavioral Therapy in Panic Disorder With Agoraphobia by Integrating Local Neural Information T Hahn and Coauthors
- 75 Trends in Subthreshold Psychiatric Diagnoses for Youth in Community Treatment DJ Safer and Coauthors
- 84 Comorbidity and Continuity of Psychiatric Disorders in Youth After Detention: A Prospective Longitudinal Study KM Abram and Coauthors

Opinion

Editorial

3 The Tradition and Future of JAMA Psychiatry
S Heckers

Clinical Review & Education

Continuing Medical Education
100 Online CME Ouiz Ouestions



LETTERS

Comment & Response
94 Association Among Posttraumatic Stress
Disorder, Adverse Birth Outcomes,
and Domestic Violence

94 Ketamine for Posttraumatic Stress Disorder

Issue Highlights and Continued Contents on page 1



Research

Initial Severity of Schizophrenia and Efficacy of Antipsychotics

Applying individual participant data meta-analysis to 3 pivotal randomized clinical trials in acute schizophrenia (n = 611) and 3 randomized clinical trials in predominantly negative schizophrenia (n = 475), Furukawa and colleagues found that for both types of schizophrenia, the more severe the baseline symptoms, the greater the differences between the active treatment and placebo. Towards the mildest end of the spectrum, patients benefit less in terms of symptom improvement but may experience full adverse effects of antipsychotics.

Problem Adaptation Therapy for Older Adults

Kiosses and colleagues found that in 74 older adults with major depression and cognitive impairment to the level of moderate dementia, problem-adaptation therapy, a homedelivered psychosocial intervention, increased emotion regulation and improved depression and disability more than supportive therapy. Thirty-eight percent of participants in problem-adaptation therapy achieved full remission of depression and an additional 25% achieved partial remission. In addition, problem-adaptation therapy improved depression in patients who had failed 1 adequate trial of an antidepressant (n = 31).

Anterior Insula Volume and Guilt

Using data from a 10-year longitudinal study of preschool-onset major depressive disorder, Belden and colleagues examined anterior insula volume as a biomarker for recurrent depression. Schoolchildren with a history of preschool-onset major depressive disorder had significantly reduced insula volume compared with healthy peers. The association between preschool-onset major depressive disorder and reduced insula volume was driven by the symptom of early pathological guilt. Smaller anterior insula volume predicted an increased likelihood of major depressive disorder recurrence postscan.

Cognitive Behavioral Therapy in Panic Disorder With Agoraphobia 68



Hahn and colleagues applied machine learning to functional magnetic resonance imaging data to predict treatment response to cognitive behavioral therapy in panic disorder with agoraphobia. Prognostic markers were derived from regional and whole-brain gaussian process classifiers using a nested leave-one-out cross-validation. Integrating regional classifiers yielded good predictive performance (accuracy, 82%; sensitivity, 92%; and specificity, 72%), showing that response prediction based on functional magnetic resonance imaging data is possible with high accuracy on a single-subject level.

Psychiatric Diagnoses for Youth

Safer and colleagues analyzed national data of physician office-based visits for youth, finding that *DSM-IV* subthreshold not otherwise specified (NOS) diagnoses rose significantly between 1999 and 2010 for composite mood disorder NOS, anxiety disorder NOS, and bipolar disorder NOS compared with those psychiatric diagnoses achieving full criteria. When attention-deficit/hyperactivity disorder diagnoses were excluded, NOS diagnoses from 2007 to 2010 accounted for 56% of all psychiatric diagnoses in youth.

Opinion

Editorial

3 The Tradition and Future of JAMA Psychiatry S Heckers

96 Correction

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22

40

Author Interview Audio Interview with Deepak K. Sarpal, MD, author of "Antipsychotic Treatment and Functional

Connectivity of the Striatum in First-Episode Schizophrenia"

The JAMA Forum

Insightful commentary on the political aspects of health care from leading health economists, health policy experts, and legal scholars

Departments

- 2 Staff Listing
- 5 CME Article

75

- 98 Classified Advertising
- 98 Journal Advertiser Index
- 99 Contact Information
- 100 CME Questions

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